

# WHAT DO YOU KNOW ABOUT THE “DIET OF WORMS”?

It is NOT some new, trendy and exotic diet in the nutrition industry.

**500 years ago, Dr. Martin Luther (not Martin Luther King) changed the world with this “DIET”.**

If you would like to know about the Reformation movement that took place in the Middle Ages, changing not only Christianity but also having a huge impact on the world,



You are invited to join St. Matthew Lutheran Church, Calgary online **on Zoom** on **October 30, 2021: 7-8:00 p.m.**

Presenter: Rev. Markus Zeuch

Please contact us to get the login information: [smlccsecretary@shaw.ca](mailto:smlccsecretary@shaw.ca) Or call our office: **Phone 403 266-1458,**

We hope to see you there!

We also offer live streaming worship service on zoom or recorded services on our website [www.stmatthewlutherancalgary.com](http://www.stmatthewlutherancalgary.com), or in person @ 66 7 ST. NE Calgary, AB on Sundays @ 9:30 a.m. German Service and 11:00 a.m. English Service.

(We offer ministry in German, English, Portuguese, and Spanish)